## Cat Quality of Life Chart



- HIL		
QOL Factor	Score 0-10 (10 is ideal)	Description
Hurt		Adequate pain control and breathing are crucial. Trouble breathing outweighs all other concerns.  - Can your cat breathe properly?  - Does your cat need supplemental oxygen?  - Is your cat's pain being successfully managed?
Hunger		- Is your cat eating enough nutritious food? - Does coaxing and hand-feeding help? - Are you able to maintain a feeding tube if needed?
Hydration		- Is your cat dehydrated (skin slowly retracts after being pinched)? - Are you able to administer subcutaneous fluids if needed? - Is your cat getting enough water (10ml per pound per day)? - Does your cat urinate more/less than normal?
Hygiene		- Can you keep your cat brushed, clean and parasite-free? - Are you able to help your cat stay clean after using the litter box, if needed (especially for cats with oral cancer)? - Can you provide soft bedding and keep all wounds clean?
Happiness		<ul> <li>Does your cat express joy and interest?</li> <li>Is your cat responsive to their surroundings (family, toys, etc.)?</li> <li>Does your cat purr when scratched or petted?</li> <li>Is your cat depressed, anxious, bored or scared?</li> <li>Can your cat's bed be centrally placed to be near family members?</li> </ul>
Mobility		- Can your cat use the litter box without help, or can you provide assistance? - Is your cat losing balance, stumbling, or having seizures?  Note: Although some caregivers prefer euthanasia over surgery, cats can be very resilient. Cats with limited mobility may still be alert and responsive with a good quality of life if their family is committed to providing quality care.
"Bad" days		<ul> <li>Are there more "bad" days than good, where your cat seems to be "turned away" from life?</li> <li>Do more days include things like vomiting, nausea, diarrhea, frustration, falling down, seizures, etc.?</li> <li>Note: When bad days outnumber good days and a healthy human-animal bond is no longer possible, your cat's quality of life may be too low. If your cat is suffering needlessly, it may be time to make the call and give your cat the gift of passing peacefully and painlessly at home.</li> </ul>

TOTAL

A total over 35 points represents acceptable life quality to continue with cat hospice. A total of 70 is a perfect score.